

# ST. JOHN AMBULANCE OF MALAYSIA NORTH EAST AREA STATE OF PENANG

# ANNUAL REPORT YEAR 2018

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## **NORTH EAST AREA STRUCTURE**

## **NORTH EAST AREA COUNCIL**

Position	Name
Chairman	Dr. Lee Toong Chow, DJN, PKT, SBStJ, PhD
Area Honorary Secretary	Mr. Yeong Keng Seng
Area Honorary Treasurer	Mr. H'ng Swee Yeng, РЈК, РЈМ
Council Members	District Chief Police Officer
	District Director of Education
	District Director of Medical & Health Services
	District Director of Social & Welfare
	Mr. Khoo Soon Hin
	Mr. Ong Teong Eng, рлк, рлм
	Ms. Oh Eang Suat, РЈМ
Auditor	Beh & Associates
	Chartered Accountants (Malaysia)

#### **AREA STAFF OFFICERS**

Position	Rank	Name
Area Commander	8	Dr. Lee Toong Chow, DJN, PKT, SBStJ, PhD
Acting Area Medical Officer	11	Dr. Chow Tuck Kit
Area Superintendent (Operations)	9	Mr. Ong Teong Eng, рук, рум
Area Superintendent (Nursing)	9	Miss Oh Eang Suat, РЈМ
Area Honorary Secretary	10	Mr. Yeong Keng Seng
Area Honorary Treasurer	10	Mr. H'ng Swee Yeng, рук, рум
Area Staff Officer (Cadet)	10	Mr. Leong Khai Sheong
Acting Area Nursing Officer	11	Mdm. Khaw Ean Seok
Area Staff Officer (Training)	12	Mr. Tew Choong Wei
Area Staff Officer (Junior)	12	Ms. Ooi Shu Juang
Area Staff Officer (Public Duty)	13	Mr. Ng Meng Chong
Area Staff Officer (Admin & Record)	13	Mr. Ahmad Anwar Bin Rosli
Area Staff Officer (Cadet Liaison&Training)	13	Mr. Witness Koe Wei Ern

## **DIVISIONS FROM NORTH EAST AREA**

# SECONDARY SCHOOLS

NO	SCHOOL	DIV			A	MBU	LANC	E						NUR	SING				Т	T 0
				ADI	ULT			CADET				AD	ULT			CAI	DET		O T	T
			М	С	I	L	М	С	I	L	М	С	I	L	М	С	I	L	A L DIV	SCH
1	SMJK CHUNG	A1		18															18	424
	LING	AC3						405	1										406	424
2	SMJK PEREMPUAN	N3										12							12	
	CHINA PULAU PINANG	NC1														41			41	53
3	SMJK UNION	N21										11							11	04
		NC2													1	77	1	1	80	91
4	014 11/ 11/51/0 55	CA3		5								6							11	
	SMJK HENG EE	AC18					1	94											95	234
		NC28													3	125			128	
5	SMJK CHUNG	A28																	0	
	HWA CONFUCIAN	AC8																	99	172
		NC38																	73	
6	SMJK PHOR	N7																	0	
	TAY	AC7					4	142	4										150	343
		NC7													6	176	10	1	193	
7	SMK SUNGAI	AC27		2			20	1	5	1									29	
	NIBONG	NC27													27	1	6	1	35	64
8	SMK BUKIT	AC29					11	3	12	3									29	1
	JAMBUL	NC29									1	1			22	11	15		50	79
9	SMK	AC10					5	8	2	1									16	
	JELUTONG	NC14										1			21	4	5	1	32	48
10	SMK	AC4					6	40	8										54	
	GEORGETOWN	NC12									1				12	9	9	2	33	87
11	SMK	CA11																	0	
	ABDULLAH MUNSHI	AC17	1				4												5	64
		NC10									2		1		56				59	
12	SMK CONVENT GREEN LANE	NC8																	145	145
13	SMK PADANG POLO	NC15		1											15	5	7		28	28

NO	SCHOOL	DIV			A	MBU	LANC	E						NUR	SING				T O	T O
					AD	ULT			CAI	DET			AD	ULT			CAI	DET		T A
			М	С	I	L	М	С	I	L	М	С	I	L	М	С	I	L	L DIV	L SCH
14	SM PEREMPUAN CHINA PERSENDIRIAN PULAU PINANG	NC20																	32	32
15	SM PHOR TAY PERSENDIRIAN	CC8						8	1										9	9
16	SM HAN CHIANG	AC1																	86	108
		NC3																	22	100
17	SM CHUNG LING	CA9																	23	60
	PERSENDIRIAN	CC10																	39	62
18	KOLEJ TINGKATAN ENAM HAJI ZAINUL ABIDIN			2	1						8	12	10						33	33
																		T	OTAL	2076

## **OPEN ADULT DIVISIONS**

NO	DIVISION	AMBULANCE								NURSING								
		ADULT			CADET					ADI	JLT		CADET				O T A	
		М	С	I	L	М	С	ı	L	М	С	I	L	М	С	I	L	Ĺ
1	MILLENNIUM COMBINED ADULT DIVISION	2	22	2						3	18							47
2	RADIO SIGNAL UNIT																	73
3	ALPHA CYCLING COMBINED ADULT DIVISION		25								6	1						32
4	AK ACADEMY COMBINED ADULT DIVISION	3	78	1							37	5						124
5	BUKIT BENDERA COMBINED ADULT DIVISION																	35
6	JULIAN TRACES COMBINED ADULT DIVISION																	0
																TO	TAL	311

## ST. JOHN JUNIOR DIVISIONS

NO	DIVISION	TOTAL
1	SJKC SHANG WU	156
2	SJKC CONVENT DATUK KERAMAT	73
3	SJKC MOH GHEE PUSAT	40
4	SJKC KONG MIN CAWANGAN 1	40
5	SK SRI AMAN	30
6	SJKC HAN CHIANG	120
7	SJKC CHUNG HWA CONFUCIAN 'B'	60
8	SJKC PEREMPUAN CHINA	113
9	SJKC SIN KANG	48
10	SJKC SUM SUN	72
11	SJKC CHIAO NAN	35
12	SJKC SHIH CHUNG CAWANGAN	112
13	SJKC UNION	90
14	SJKT SUBRAMANIYA BARATHEE	52
15	SJKC CHUNG HWA CONFUCIAN 'A'	69
16	SJKC KONG MIN CAWANGAN 2	92
17	SJKC KONG MIN PUSAT	46
18	SJKC LI TEK B	37
19	SJKC KHENG TEAN	44
	TOTAL	1329

#### 2018 NORTH EAST AREA EVENTS / ACTIVITIES

The North East Area had an eventful year of activities for the Year 2018. North East Area officers and members from school divisions had involved themselves actively either as organising committee or participants in many activities organized by the North East Area or State level. The North East Area would like to thank all the officers and members for their supports and efforts which made SJAM NEA Penang a happy and fruitful year.

# 1<sup>ST</sup> PROFESSIONALISM BRIEFING & ORIENTATION WORKSHOP FOR SCHOOLS TEACHER ADVISORS



1st Professionalism Briefing & Orientation Workshop for Schools Teacher Advisors of St John Ambulance of Malaysia, North East Area, Penang was co-organized by St. John Ambulance North East Area Penang and Pejabat Pendidikan Daerah Timur Laut on 10 Mar 2018, from 8.00am to 3.30pm at Level 18, Auditorium Gleneagles Penang. The objectives of this workshop were introduced SJAM, new procedures and protocols to all teacher advisors, provides opportunities to share information and experience and allow teacher advisors to seek clarification or information from SJAM or PPD to solve problems faced in school division.

#### **Organising Committees:**

Co-Chairperson (from PPD): Cik Noor Fatirah Bt. Md. Akhir (Penolong PPD - Kokurikulum)

Organising Chairperson : Dr Lee Toong Chow, *PhD* (*SJAM*)
Organising Secretary : Jeff Yeong Keng Seng (*SJAM*)

Organising Committee : Leong Khai Sheong (SJAM) Ooi Shu Juang (SJAM)

Tew Choong Wei (SJAM) Kelvin Yeoh Koon Yong (SJAM)
Gan Hoo Kok (SJAM) William Hoe Chin Khwan(SJAM)

Time	Itinerary
0830 - 0900	Registration
0900 - 0910	Opening Speech by North East Area Commander, Dr Lee Toong Chow.
0910 - 0930	Topic : Introduction to SJAM
	Speaker : Dr Lee Toong Chow
0930 - 1030	Topic : SJAM Induction & Orientation for Teacher Advisors
	Speaker : Dr Lee Toong Chow & Leong Khai Sheong
1030 – 1100	Morning Break
1100 – 1200	Workshop A: SJAM Trainings (Adults & Cadets)
	Speaker: Leong Khai Sheong

	Workshop B: SJAM Trainings (St John Juniors)
	Speaker : Elsie Ooi Shu Juang
1200 – 1300	Lunch Break
1300 – 1400	Topic:
	Division's Organisation
	Speaker : Dr Lee Toong Chow
	SOP, Administrations, Reports & AGM, Inspections
	Speaker : Jeff Yeong Keng Seng
	Finance & Calculation of Cocuriculum Marks (PAJSK)
	Speaker: Leong Khai Sheong
1400 – 1430	North East Area Activity Calendar FY 2018
	Speaker : Jeff Yeong Keng Seng
1430 – 1500	Open Dialogue Session with PPD & SJAM
	Speaker : Cik Noor Fatirah (PPD) & Dr Lee Toong Chow (SJAM)
1500 – 1530	Closing Ceremony & Group Photo

#### **Brief of the Event:**

The event started with registration at 8.30am and followed with opening speech by Area Commander, Dr Lee Toong Chow. He then continued with the 1st topic to introduce SJAM and its services, contributions and activities to all participants and PPD officer. After the brief introduction, the 2nd topic was about all the important information and knowledge of SJAM. After the morning break, the participants were separated into 2 groups, ie. Group 1 (Adults & Cadets) for Secondary School Teacher Advisors was in charged by ASO Cadet, Mr Leong and Group 2 (Juniors) for Primary School Teacher Advisors was in charged by ASO (Juniors) Mdm. Elsie Ooi. In this workshop, participants were shared with topics on how to plan their weekly activities with available SJAM Trainings subjects. All teacher advisors encouraged to plan the weekly activities with more fun programme and towards better achievement for their members, e.g. Grand Prior Badge Awards (for cadets) and Junior Star Awards (for juniors).

All participants were gathered back to the Auditorium after lunch. A short video clips about SJAM Penang emergency service were shown to all participants. It was then continued the afternoon session where Dr. Lee shared on the topic of Division Organisation and Honorary rank that is applicable to officers in Education Department, school principle and teachers. Then follow by SOPs, Administration, Reports, AGM, Inspection procedures which were shared by Area Hon. Secretary, Mr Jeff Yeong and continued with topic on Finance & Calculations of Cocuriculum Marks (PAJSK Scoring) by Mr Leong.

After presentation, an open dialogue session was conducted to allow participants raised their challenges in schools and seek clarification from SJAM or PPD. The 2 representatives were Cik Noor Fatirah (PPD) and Dr Lee (SJAM). During this session, many questions were raised and answered to the participants which help the teachers to understand further and provide them with solutions towards their problem. The programme end with closing ceremony by giving certificate for participants and group photo. Not to forget, NEA would like to express our gratitude to Gleneagles Penang for the venue sponsor.

#### Participation:

A total of 39 schools (18 Secondary Schools & 21 Primary Schools) have been invited. Cik Noor Fatirah Bt. Md. Akhir (Penolong PPD) together with 30 teacher advisors and 11 committee members from NEA attended this workshop. All participants were given a SJAM Green T-Shirt, Certificate of Participation, breakfast and lunch where all expenses paid by NEA Office.

Cik Noor Fatirah Bt. Md. Akhir	(Penolong PPD	- Kokurikulum)	
Dr Lee Toong Chow, PhD	(SJAM)	Gan Hoo Kok	(SJAM)
Jeff Yeong Keng Seng	(SJAM)	William Hoe Chin Khwan	(SJAM)
Leong Khai Sheong	(SJAM)	Witness Koe Wei Ern	(SJAM)
Ooi Shu Juang	(SJAM)	Ong Teong Eng	(SJAM)
Tew Choong Wei	(SJAM)	Junnie Ooi Wei Eng	(SJAM)
Kelvin Yeoh Koon Yong	(SJAM)	_	

#### **Attendance of Teacher Advisors:**

No	Secondary School	Attendance	No	Primary School	Attendance
1	SMK Abdullah Munshi	Present	1	SK Sri Aman	Present
2	SMK Bukit Jambul	Present	2	SJK (C) Chiao Nam	Present
3	SMK Convent Green Lane	Present	3	SJK (C) Chung Hwa Confucian A	Present
4	SMK Georgetown	Present	4	SJK (C) Chung Hwa Confucian B	Present
5	SMK Jelutong	Present	5	SJK (C) Convent Dato Keramat	Present
6	SMK Sungai Nibong	Present	6	SJK (C) Han Chiang	Present
7	SMJK Chung Hwa Confucian	Present	7	SJK (C) Kong Min Cawangan 1	Present
8	SMJK Chung Ling	Present	8	SJK (C) Kong Min Cawangan 2	Present
9	SMJK Heng Ee	Present	9	SJK (C) Kong Min Pusat	Present
10	SMJK Perempuan China Pulau Pinang	Present	10	SJK (C) Moh Ghee Pusat	Present
11	SMJK Phor Tay	Present	11	SJK (C) Perempuan China Pulau Pinang	Present
12	SMJK Union	Present	12	SJK (C) Shang Wu	Present
13	Kolej Tingkatan Enam Haji Zainul Abidin	Present	13	SJK (C) Shih Chung Cawangan	Present
14	SM Chung Ling Persendirian	Absent	14	SJK (C) Sin Kang	Present
15	SM Han Chiang Persendirian	Absent	15	SJK (C) Sum Sun	Present
16	SM Perempuan China Persendirian	Absent	16	SJK (C) Union	Present
17	SM Phor Tay Persendirian	Absent	17	SJK [T] Subramaniam Barathee	Present
18	SMK Padang Polo	Absent	18	SJK (C) Li Tek (B)	Absent
			19	SJK (C) Moh Ghee Cawangan	Absent

#### Total Attended 30/37



Banner displaying on TV outside Auditorium Entrance



The organizing team from NEA



Teacher Advisors from various schools within NEA



Dr Lee sharing his topics



Workshop Group 1 : Training for Adults and Cadets



Workshop Group 2 : Training for Juniors St John



Open Dialogue session with PPD Cik Noor Fatirah



Dr Lee presented a First Aid Wrist Bag as souvenir for Cik Noor



Group photo

#### 11th ANNUAL CADET DAY



The 11<sup>th</sup> Annual Cadet Day was successfully organized on 24 June 2018 from 8am to 11.30am at Wisma St. John Ambulans Malaysia Pulau Pinang. It has become part of the annual ceremonial event where new cadets from various SJAM division will take part and to take their oath to the *St. John Cadet Code of Chivalry* and hence officially been enrolled as SJAM Cadets under the witness from the Commanders and Officers. During this event, other than the usual Cadet Special Service Shield Award, this year Area HQ has also presented for Cadet Service Awards and North East Area Commander Award to the cadets, members and officers who have fulfill the requirement and outstanding performance.

#### **Organising Committee**

Advisors : Dr. Lee Toong Chow Mr. Ong Teong Eng

Chairperson : Mr. Leong Khai Sheong
Secretary : Mr. Jeff Yeong Keng Seng
Treasurer : Mdm. Elsie Ooi Shu Juang
Enrolment Officer : Mr. Leong Khai Sheong

Emcee : Cpl. Navenkumar

Stage Arrangement : Mdm. Elsie Ooi Shu Juang Physical Arrangement : Mr. Tew Choong Wei

Photographer : Mr. Yeoh Koon Yong Mr. William Hoe Chin Khwan

The programme of the event as following:

Time Programme 8:00 a.m. Members registration 8:30 a.m. **Briefing & Rehearsal** 

9:00 a.m. Arrival of Invited Guests & officers

Singing of Anthems

National Anthem : Negaraku

: Untuk Negeri Kita State Anthem

SJAM Song : Berkhidmat Bagi Manusia

Speech

Deputy State Commander cum North East Area Commander: Dr. Lee Toong Chow, PhD

Cadet Enrolment Ceremony

• Enrolment Officer: Mr. Leong Khai Sheong

Award Presentation Ceremony

SJAM Cadet Service Awards

SJAM Cadet Special Service Shield Award

NEA Cadet Handbook Launching Ceremony

11:30a.m. Fnd

#### **List of Participants**

Total 277 members and new cadets registered this year. Below shows the attendance details

#### Officers attended:

- Area Superintendent (Operations)

 Area Commander
 Area Superintendent (Oper
 Area Superintendent (Oper
 Area Hon. Secretary
 Area Staff Officer (Cadets)
 Area Staff Officer (Training)
 Area Staff Officer (Impior)
 Area Staff Officer (Impior) Area Staff Officer (Training)Area Staff Officer (Junior)

8. Mr. William Hoe Chin Khwan

<u>#</u>	<u>Attendance</u>	<u>Total</u>
1	Cadet Service Award Recipients	21
2	Special Service Shield Award Recipients	50
	New Cadets	
1	SMJK Chung Ling	46
2	SMJK Union	27
3	SMJK Heng Ee	47
4	SMJK Chung Hwa Confucian	20
5	SMK Bukit Jambul	19
6	SMK Georgetown	2
7	SMK Sungai Nibong	13
8	SM Perempuan Cina Persendirian	6
9	SM Phor Tay Private	8

#### Cadet Special Service Shield Awards (SSS):

This year, total of 50 Cadet Special Service Shield and certificates has been awarded to cadets and members who successfully accumulated their duty hours throughout their service years in SJAM.

Brandon Yeap Ping Shyan and Ang Wei Loon both from AC4, (SMK Georgetown) has successfully accumulated a total of 789Hrs and 582.5Hrs respectively. Both of them have been awarded with SSS 750Hrs and SSS 500Hrs badge and certificates. The Following shows the summary of the SSS award by category.

<b>Special Service Shield Award Category</b>	<u>Total</u>
1000 Hrs	0
750 Hrs	1
500 Hrs	1
200 Hrs	13
100 Hrs	35

#### Cadet Service Awards (CSA):

21 Cadet Service Award Badges and Certificates has been awards to cadets who successfully fulfilled the Cadet Efficiency requirements.

Cadet Service Award Category	<u>Total</u>
1st Efficient Year	14
2 <sup>nd</sup> Efficient Year	4
3 <sup>rd</sup> Efficient Year	1
4th Efficient Year	2









North East Area Officers



Members swearing to the St. John Code of Chivalry and successfully being enrolled as new cadets





Presentation of Cadet Special Service Shield and Cadet Service Awards to Cadets.







Launching of new NEA Cadet Handbook, the editorial board committee presented the book to Area Commander, Dr Lee

#### Newspaper coverage from Kwong Wah Yit Poh, Guang Ming Daily and The Star Online

#### One step closer to achieving ambition

Wednesday, 4 Jul 2018 by chong kah yuan



Dr Lee (seated second row, fourth left) and fellow St John Ambulance Malaysia state leaders posing for a photo with the honorary cadets who received awards for outstanding service in conjunction with SJAM Cadet Day 2018 at the uniformed body's headquarters in Grove Road. — Photos: ASRI ABDUL GHANI/The Star

SEVENTEEN-YEAR-OLD Quintus U-Wei Baptist has wanted to become a doctor ever since he was a kid.

That led him to St John Ambulance Malaysia (SJAM) at SMK Bukit Jambul, knowing that it would allow him to amass a wealth of experience in making crucial life-saving

decisions.

Five years down the road, the aspiring doctor is now a recipient of the 'One Star and One Stripe Award', a Cadet Service

Award that recognises those who have successfully achieved the efficiency requirement and are active in their service.

"Since I was a child, I have always wanted to help people who are sick.

"It is an ideal training ground for me to work towards achieving my dream," he said at the SJAM northeast area 11th Cadet Day at the SJAM headquarters in Grove Road, Penang, recently.



Quintus (left) and Wei Dan showing the stars and stripes that they received at the service award ceremony.

He was one of the two award recipients for the category. The other recipient was his schoolmate H'ng Wei Dan, 17, who also wanted to become a doctor and planned to apply for medical colleges after finishing secondary school.

SJAM Penang northeast area commander Dr Lee Toong Chow said there were several requirements to qualify for the award.

"It is based on efficiency in administering first aid, the attendance, as well as a minimum number of hours put in to serve the community," he said.

The award ceremony was held together with the SJAM Cadets Enrolment ceremony which saw a total of 180 new cadets from nine schools taking their oath.

Dr Lee said the annual SJAM Cadet Day was organised to officially enrol new cadets and mark the beginning of their journey in acquiring life-saving knowledge and skills, leadership and management experiences.

"Young people aged between 12 and 18 constitute almost 75% of SJAM membership.

"They would learn Cadet Proficiency subjects outside their school curricular to achieve the Grand Prior's Badge, the highest international award which a cadet can achieve during their cadet years.

"It is the aim of every cadet to be the Grand Prior Cadet," he said.

# 【槟东北区圣约翰救伤机构庆圣约翰少年日】180新少年团队员宣誓 其中 2 人立志当医生 24/06/2018 20:32



( 槟城 24 日讯) 槟州东北区圣约翰救伤机构欢 庆第 11 届圣约翰少年日之际,来自各校的 180 名新少年团队员一起宣誓,其中 2 名荣获少年服 务勋章的队员,积极朝向医生目标前进,未来以 更好的服务回馈大众。

模州副总指挥官兼东北区指挥官李栋超周日致词时指出,圣约翰救伤机构少年日乃是年度庆典之一,当天带来新队员们宣誓成为少年队员,开始他们的急救、护理、管理及领导的学习之路。

"今天共有 180 名新队员们参与宣誓活动,包括槟州 9 间中学,另有 3 间中学因与校方活动撞期而没有出席。"

他说 , "勋章徽章"是每位队员们的学习目标 , 是一个里程碑 , 而他们今日也颁出少年组特别服务勋章予 50 名队员和少年组服务勋章予 21 名队员 , 其中在少年服务勋章里 , 有 2 名来自武吉占姆国中的队员 , 荣获 1 星 1条纹的勋章 , 他们自小的愿望都是成为一名称职的医生 , 在未来治疗和服务大众。

他说,这个1星1条纹勋章得来不易,获1条纹勋章的条件是必须参与满一年,而1星条纹则是满3年,期间必须参与至少11次重要会议和服务超过30小时等。

获 1 星 1 条纹勋章的方伟添受访时指出,自从他参与圣约翰救伤队后,经常接触医疗知识,未来想修读医科,如今他正在应付大马教育文凭,明年将会申请大学先修班,完成当医生的梦想。

另一位获勋章的昆塔斯指出,我国的医疗水平仍有待提升,因此积极参与圣约翰救伤队的活动,学习医疗知识和实际操作的经验,未来当医生时,能够以更好的水准服务病人。



方伟添(右)和昆塔斯一起出示手臂 上的 1 星 1 条纹勋章

出席者亦有东北区少年组参谋官兼筹委会主席梁凯雄和东北区荣誉秘书杨景升。



This event was successfully organized with great response from cadets and members. The organizing committee would like to take this opportunity to congratulate those who have received the awards.

#### **FLAG DAY 2018**

This year NEA was given the task to organize the Flag Day on 21 & 22 July 2018 for North East Area. Division members in NEA come out in full force to help in the street collection.

This year also the first year having an online donation from parents and friends. Below shows the amount collected from each school:

NO	SCHOOL	STREET COLLECTION	ONLINE DONATION	TOTAL AMOUNT
1	SMJK CHUNG LING	38398.21	0.00	46235.25
2	SMJK HENG EE	41446.72	330.00	41776.72
3	SMJK PEREMPUAN CHINA PULAU PINANG	6739.05	0.00	6739.05
4	SMJK PHOR TAY	6713.90	0.00	6713.90
5	SMJK UNION	5583.67	0.00	5583.67
6	SMK BUKIT JAMBUL	2812.85	1000.00	3812.85
7	SM CHUNG LING PERSENDIRIAN	3708.35	0.00	3708.35
8	SM PEREMPUAN CINA PERSENDIRIAN	2999.70	0.00	2999.70
9	SMK SUNGAI NIBONG	1425.15	0.00	1425.15
10	SMJK CHUNG HWA CONFUCIAN	681.90	0.00	681.90
11	PHOR TAY PRIVATE HIGH SCHOOL	186.70	0.00	186.70
12	KOLEJ TINGKATAN ENAM HAJI ZAINUL ABIDIN	144.50	0.00	144.50

Prizes were given to the highest performance from the collections for schools and individuals. Results as following:

#### **BEST INDIVIDUAL STREET & ONLINE COLLECTION WITHIN SCHOOL**

	NAME	SCHOOL	Prizes
1	SMJK CHUNG LING	VINCENT LIM SIEW SIM	Trophy, Cert & Cash Prize RM 50
2	SMJK HENG EE	DARREN LEW WEN JIE	Trophy, Cert & Cash Prize RM 50
3	SM CHUNG LING PERSENDIRIAN	TAN JIA YING	Trophy, Cert & Cash Prize RM 50
4	SMJK PEREMPUAN CHINA PULAU PINANG	HENG CHIA YING	Trophy, Cert & Cash Prize RM 50
5	SMK BUKIT JAMBUL	LEHASRE A/P MUTHUKUMAR & SITI AISYAH MAISARA BT MOHAMED YAKOB	Trophy, Cert & Cash Prize RM 50
6	SMJK UNION	LAM JING TING	Trophy, Cert & Cash Prize RM 50
7	SMJK PHOR TAY	TAI XIN HUI	Trophy, Cert & Cash Prize RM 50
8	SM PEREMPUAN CINA PERSENDIRIAN	TOH KHAI YIN	Trophy, Cert & Cash Prize RM 50
9	SMK SUNGAI NIBONG	MUHAMMAD MUAZ BIN KAMAL	Trophy, Cert & Cash Prize RM 50
10	SMJK CHUNG HWA CONFUCIAN	SIM JUN SHEN	Trophy, Cert & Cash Prize RM 50
11	PHOR TAY PRIVATE HIGH SCHOOL	KOAY BOON CHANG	Trophy, Cert & Cash Prize RM 50

#### BEST INDIVIDUAL PERFORMANCE IN OVERALL STREET & ONLINE COLLECTION

	NAME	SCHOOL	Place	Prizes
1	SMJK CHUNG LING	VINCENT LIM SIEW SIM	1st	Trophy, Cert & Cash Prize RM 300
2	SMJK HENG EE	DARREN LEW WEN JIE	2nd	Trophy, Cert & Cash Prize RM 200
3	SMJK HENG EE	LAW YUEH YI	3rd	Trophy, Cert & Cash Prize RM 100

#### TOP SCHOOL PERFORMANCE IN STREET COLLECTION VS TIN ALLOCATION

	SCHOOL	Average vs Tin allocated	Place	Prizes
1	SMK BUKIT JAMBUL	140.64	1st	Trophy, Cert & Cash Prize RM 500
2	SMJK HENG EE	139.08	2nd	Trophy, Cert & Cash Prize RM 300
3	SM CHUNG LING PERSENDIRIAN	127.87	3rd	Trophy, Cert & Cash Prize RM 150

#### TOP SCHOOL PERFORMANCE IN OVERALL STREET & ONLINE COLLECTION

	SCHOOL	TOTAL AMOUNT	Place	Prizes
1	SMJK CHUNG LING	46235.25	1st	Challenge Shield, Trophy, Cert Cash Prize RM 1000
2	SMJK HENG EE	41776.72	2nd	Trophy, Cert & Cash Prize RM 750
3	SMJK PEREMPUAN CHINA PULAU PINANG	6739.05	3rd	Trophy, Cert & Cash Prize RM 500





Street Collection by division members at public area, eg. Market, Outside shopping mall, bus

# HONG KONG ST. JOHN AMBULANCE BRIGAGE YOUTH COMMAND & SJAM PENANG EXCHANGE PROGRAMME

Hong Kong St. John Ambulance Brigade Youth Command had organized an Exchange Programme to Kuala Lumpur and Penang from 9 August to 14 August 2018 in conjunction with the celebration of their 70th Anniversary in 2018. The group consists of 130 cadets and officers were led by HK SJAB Commissioner, Mr. Alfred Poon Sun-biu, CStJ flew over from HK to KL and Penang for this exchange program.

As part of the collaboration effort, NEA took the initiative to take up the role to deal with HK SJAB Youth Command and organised an successful Joint Exchange Program which held on 12 Aug 18 at SMJK Chung Ling. North East Area HQ has arranged about 120 cadets, members and officers to join in this program.

#### **Organising Committee**

Chairman : Dr Lee Toong Chow Secretary : Yeong Keng Seng Treasurer : H'ng Swee Yeng HK PG Liaison : Dr Lee Toong Chow School & VR Liaison : Dr Tan Kean Chyp

School & YB Liaison : Dr Tan Kean Chye Yeoh Koon Yong

Programmer : Leong Khai Sheong

Physical Arrangemet : Tew Choong Wei Chew Chien Tse Gan Hoo Kok

Emcee : Junnie Ooi Wei Eng Tan Teik Kean Souvenir & Ushering : Elsie Ooi Shu Juang Yulinda Teoh

Parade Commander : Jason Tan Khai Shen

Photo & Video Shooting: Penang Ambassador & Crew Unit

Division Joining: A1 & AC1 – SMJK Chung Ling

N3 & NC1 – SMJK Union N21 & NC2 – SMJK Union AC18 & NC28 – SMJK Heng Ee AC7 & NC7– SMJK Phor Tay

Itinerary of the day as below:

Date	Time	Itinerary	
12 Aug 18	Morning	NEA SJAM PG & HK SJAB Youth Command Exchange Program	
	Afternoon	Event 1: SJAM Penang & HK SJAB Joint Inspection  Venue: SMJK Chung Ling  1. All cadets fall in  Penang Contingent lead by Jason Tan Khai Shen  HK Contingent lead by Kenneth Poon  Arrival of VVIPs from both countries  SJAM Penang & HK SJAB Joint Inspection  Breakfast  Welcoming Speech by Deputy State Commander, Dr Lee TC  Speech by Senior Assistant Commissioner (Youth), Dr John Fenn  Speech by Local Assemblyman, YB Joseph Ng  Presentation of Souvenirs between HK SJAB and SJAM PG  Skill Demonstration and Exchange Session  Foot Drill  First Aid Skills  10. International Friendship program (SJ Worldwide)  Mix grouping between PG & HK cadets  Get to know new friends from both countries & correspondence details  Design of group flag  Exchange gift / souvenirs  Lunch according to assigned group and make interaction  12. Visit school compound and St. John Division Room.	
		Event 2: Memorial Photo Hunt	
		Venue: Penang Georgetown UNESCO World Heritage Site	
		Event 3: Hi-Tea Session with St. John Officers Venue: KOTA Dine & Coffee, Fort Cornwallis	
		Day End	

In the morning, the event started with Joint Inspection and Parade from both countries SJ cadets where each contingent consists about 100 members & cadets lead by their respective parade commander. This demonstrate the highest level of discipline and uniformity from both countries and also a chance for HK Cadets to experience the way how Inspection Parade is been carried out in Penang. Both Inspecting Officers Dr Lee and Mr Alfred Poon were inspecting the contingents. Then, event continued with inter-relation fostering activities such as both countries cadets where mixed into small groups, joint breakfast and lunch together, understand their new friends through International Friendship (SJ Worldwide) program, group flag colouring activities and etc.

Other than the activities, both organizations also prepared souvenir gifts for their cadets for the purpose of gift exchange. NEA organizing committee managed to engage sponsorships from local companies and agencies. The NEA organizing committee also managed to invite our local Penang State Assemblyman, YB Mr. Joseph Ng whom is also the ex-SJ member from SMJK Chung Ling as the Guest of Honour where he generously sponsored a numbers of "I Love PG" Keychain as additional welcoming souvenir for the HK delegates.



Sponsored by Dr Lee TC



By NEA





Sponsored by Penang Global Tourism



Sponsored by YB Joseph Ng

HK SJAB also prepared  $\sim 100$  goodie bags as gift exchange for our cadets who participated on the day. The goodie bags are HK SJ 100 Years celebration back pack, Youth Command Key Chain and  $70^{th}$  Anniversary T-shirt as shown below.







After lunch, the exchange program continued with a group activity (Memorial Photo Hunt) at Penang Georgetown World Heritage Site. Each group consists of both countries' cadets were required to take group photos/videos on various Heritage site scene and street arts through their walking journey from Penang Youth Center (also known as Municipal Youth Center) to Esplanade Field. While the cadets where in the hunt, officers from both countries were invited for a Hi-Tea session at KOTA Dine & Coffee, Fort Cornwallis to try out some light local delicacies.

The whole program ended around 5pm at Esplanade.



Officers and VVIPS



Joint Inspection Parade





Foot Drill Demonstration





Group photo with Working Committee



First Aid Skill Demonstration









Make new friends and exchange contact details to start for Cadet Proficiency Program - St. John Worldwide (International Friendship – HK)



Group Flag design activities



Hi-Tea Session with officers







Street Art Hunting with crews from SJAM Cycle Responder Unit.

CRU has been assigned as emergency responder to cycle around to ensure the safety of the members and provide aid when needed.



Group Photo at Esplanade Penang

#### Newspaper cutting

#### 130港少年團員首踏足

# 檳港聖約翰救傷隊交流

( 槟城 1 2 日 讯) 130名香港圣 约翰救伤队少军 团团,与马路 槟城,与马翰救 亚槟州圣约翰救

香港圣约翰教 伤队总监潘新标 说,上述130名团 员是香港30多间 学校的学生,随

伤队机构交流。

团前来的尚有20 名长官。

马来西亚槟州 圣约翰救伤队机 他提及,许多 参与的学生明天 需应付学校考 试,他感谢学生 踊跃参与,同时 也感谢家长们允 许孩子参加此交 流会。

他说,该团此 次的经费约45万 令吉,可以买1.5 辆装备齐全的救 伤车了。





■李栋赵(前者)检阅香港圣约翰 救伤队少年团,潘新标陪同。

#### **AREA INSPECTION & AWARD PRESENTATION CEREMONY**

1<sup>st</sup> North East Area Inspection and Award Presentation Ceremony was held on 18 Nov 2018. The event was organised not only to conduct Area Inspection, but also included award presentation ceremony to recognize division or anyone who had contributed towards North East Area HQ in the year 2018.

Date : 18 Nov 2018 (Sunday)

Time : 8am – 11.00am (Ceremony begin at 8.30am)

Venue : Headquarter's Hall, SJAM Penang 24-A Jalan Grove, 11400 Penang

#### **Program:**

Time	Program
0800	Pendaftaran & Taklimat oleh KS Leong
0830	Perbarisan Masuk Padang
	Parade Commander : En Anwar Rosli
	Hormat Para Pegawai
	Nanyaian Lagu "Negaraku", "Untuk Negeri Kita", "Berkhidmat Bagi Manusia"
	Upacara Pemeriksa Barisan Oleh Timbalan Pemerintah Negeri, Dr Lee Toong Chow
0900	(Semua Ahli ambil tempat dalam dewan)
0910	VIP dijemput masuk Dewan
	MC Salam Ucapan & Roll call Para Pegawai
	Ucapan daripada Pemerintah Kawasan Timur Laut, Dr Lee Toong Chow
	Upacara Penyanpaian Anugerah-anugerah
1000	Sesi Bergambar
1020	Jamuan Makan
	Bersurai

North East Area Inspection with contingents of 150 mixture of male and female members and cadets from various schools, inspected by Deputy State Commander, Dr Lee Toong Chow.

➤ AC18 & NC28 SMJK Heng Ee

N3 & NC1
 A28, AC8 & NC38
 SMJK Perempuan Cina
 SMJK Chung Hwa Confucian

A1 & AC3
 AC29 & NC29
 AC27 & NC27
 CC8
 SMJK Chung Ling
 SMK Bukit Jambul
 SMK Sungai Nibong
 SM Phor Tay Persendirian

#### **GRAND PRIOR AWARD**

Young Cadet Members age between 12 to 18 years old, who constitute almost 75% of SJAM membership, will learn Cadet Proficiency subjects outside their school curricular, to achieve the *Grand Prior's Badge*, a *highest international award* which a cadet can achieve during his/her cadet years. It is the aim for every cadet to be the Grand Prior Cadet.

Apart from the usual school from SMJK Chung Ling and SMJK Perempuan China Pulau Pinang, this year 2 cadets from SMK Bukit Jambul marked their records that achieved 1<sup>st</sup> batch of Grand Prior's Badge Award holder. Below are Grand Prior's award recipients for Year 2018:

1	Goh Kai Boon	SSM	State
2	Hng Wei Dan	AC29	SMK Bukit Jambul
3	Bethanie Loh Ying Xia	NC29	SMK Bukit Jambul
4	Foo Xiao Wen	N3	SMJK Perempuan China Pulau Pinang
5	Khoo Tze Sean	A1	SMJK Chung Ling
6	Yeap Chee Kitt	A1	SMJK Chung Ling
7	Gan Yi Hang	A1	SMJK Chung Ling

8	Oo Cheng Hong	A1	SMJK Chung Ling
9	Loo Tee Leong	A1	SMJK Chung Ling
10	Wong Choon Lye	A1	SMJK Chung Ling

#### **BEST PERFORMANCE AWARDS**

Besides that, Best Division Award, Best Teacher Advisors Award and 2018 Flag Day Achievement Awards also given out to whom successfully achieved as a form of appreciation on their contribution towards North East Area HQ. The list of award recipients as below

#### **2018 BEST DIVISION AWARDS**

Awards	Division	Schools / Organisation
The Best Division of the Year Award	A1 & AC3	SMJK Chung Ling
The Best Division of the Year Award	N3 & NC1	SMJK Perempuan China
Most Outstanding Division Award	N21 & NC2	SMJK Union
Most Outstanding Division Award	CA3, AC18 & NC28	SMJK Heng Ee
Outstanding Division Award	AC7 & NC7	SMJK Phor Tay
Outstanding Division Award	AC8 & NC38	SMJK Chung Hwa Confucian
Outstanding Division Award	AK Corps	
Outstanding Division Award	MCAD	
Outstanding Division Award	RSU	
Outstanding Division Award	AC29 & NC29	SMK Bukit Jambul
Outstanding Division Award	AC27 & NC27	SMK Sungai Nibong
Best Performance Division Award		Kolej Tingkatan 6 Haji Zainul Abidin
Best Performance Division Award	NC20	SM Perempuan Cina Persendirian
Best Progressive Division Award	AC1	SM Han Chiang
Best Progressive Division Award	AC4 & NC12	SMK Georgetown
Best Progressive Division Award	AC17 NC10	SMK Abdullah Munshi
Best Supportive Division Award	BBCAD	

#### 2018 BEST TEACHER ADVISOR AWARDS

#### Most Outstanding Teacher Advisor Award

1	SMJK CHUNG LING	Mr. Ong Chin Hwa
2	SMK SUNGAI NIBONG	Mr. Kenneth Khoo Boon Lim
3	SMJK UNION	Mdm. Mar Chiew Foon
4	SMK BUKIT JAMBUL	Mdm. Huong Hiew Chew
5	SMJK HENG EE	Mdm. Cheah Cheng Hoon
6	SMJK PEREMPUAN CHINA PULAU PINANG	Ms. Lau Zhun Zhun

#### **Outstanding Teacher Advisor Award**

1	SMJK PHOR TAY	Mr. Lau Hong Keng
2	KOLEJ TINGKATAN 6 HAJI ZAINUL ABIDIN	Mr. Chuah Seong Teng
3	SMK JELUTONG	Mdm. Ting Chao Hui
4	SMK GEORGETOWN	Mdm. Sarina
5	SMJK CHUNG HWA CONFUCIAN	Mdm. Ler Lee Hui

#### 2018 FLAG DAY ACHIEVEMENT AWARDS

Note: Kindly refer to the above Flag Day section





Area Contingent been inspection by Deputy State Commander Dr Lee TC and State Hon. Secretary, Mr. Ricky Chan, lead by Parade Commander En. Ahmad Anwar bin Rosli



Speech by Dr Lee & Prize giving ceremony



Grand Prior Badge Award Presentation



Group Photo of the event

#### 12th NORTH EAST AREA FIRST AID & NURSING COMPETITION



North East Area held its 12<sup>th</sup> First Aid & Nursing Competition 2018 on 1<sup>st</sup> & 2<sup>nd</sup> December 2018 at SJAM Penang Headquarters. This competition was chaired by Mr. Ong Teong Eng. A total of 19 teams including 3 teams from South Perak had participated in this year competition. NEA would like to thank the school principals, teacher advisors and division officers for encouraging their members to take part in the competition.

Congratulation to all the following winning teams:

#### Ambulance Adult Category

Champion - Team A, SMJK Chung Ling A1 1st runner-up - Team C, SMJK San Min CA81 2nd runner-up - Team B, SMJK Heng Ee CA3

#### **Nursing Adult Category**

Champion - Team D, SMJK Perempuan China Pulau Pinang N3

1st runner-up - Team E, SMJK Union N21 2nd runner-up - Team F, SMJK Heng Ee CA3

#### **Ambulance Cadet Category**

Champion - Team K, SMJK Chung Ling AC3
1st runner-up - Team J, SMJK Chung Ling AC3
2nd runner-up - Team G, SMJK Chung Ling AC3

#### Nursing Cadet Category

Champion - Team P, SMJK Perempuan China Pulau Pinang NC1 1st runner-up - Team Q, SMJK Perempuan China Pulau Pinang NC1]

2nd runner-up - Team R, SMJK Union NC2

#### Written Test (Individual Prize)

Champion - Team D, Lim Xin Yi, SMJK Perempuan China Pulau Pinang N3

1st runner-up - Team A, Wong Xihan, SMJK Chung Ling A1 2nd runner-up - Team E, Ooi Ying Shan, SMJK Union N21

#### **Nursing Competition**

Champion - Team P, SMJK Perempuan China Pulau Pinang NC1 1st runner-up - Team Q, SMJK Perempuan China Pulau Pinang NC1

#### **Overall Champion**

Adult Category - Team A, SMJK Chung Ling A1

Cadet Category - Team P, SMJK Perempuan China Pulau Pinang NC1

#### 12TH NORTH EAST AREA FIRST AID COMPETITION 2018 OFFICIAL RESULTS

TEAM	SCHOOL DIVISION WRITTEN PRACTICAL TOTAL PLAC							
			TEST	TEST	MARKS			
AMBULANCE ADULT CATEGORY								
Α	SMJK CHUNG LING	A1	403	120	523	1		
В	SMJK HENG EE	CA3	316	88	404	3		
С	SMJK SAN MIN	CA81	330	116	446	2		
NURSIN	IG ADULT CATEGORY							
D	SMJK PEREMPUAN CHINA PULAU PINANG	N3	401	113	514	1		
Е	SMJK UNION	N21	374	88	462	2		
F	SMJK HENG EE	CA3	346	95	441	3		
AMBUL	ANCE CADET CATEGOTY							
G	SMJK CHUNG LING	AC3	378	101	479	3		
Н	SMJK CHUNG LING	AC3	361	106	467	4		
J	SMJK CHUNG LING	AC3	394	92	486	2		
K	SMJK CHUNG LING	AC3	389	114	503	1		
L	SMJK HENG EE	AC18	327	92	419	7		
M	SMJK HENG EE	AC18	340	103	443	6		
N	SMJK SAN MIN	AC19	331	114	445	5		
NURSIN	IG CADET CATEGORY							
Р	SMJK PEREMPUAN CHINA PULAU PINANG	NC1	404	139	543	1		
Q	SMJK PEREMPUAN CHINA PULAU PINANG	NC1	407	122	529	2		
R	SMJK UNION	NC2	335	113	448	3		
S	SMJK HENG EE	NC28	270	82	352	6		
Т	SMJK HENG EE	NC28	337	109	446	4		
U	SMJK SAN MIN	NC8	338	106	444	5		



锺灵中学 A 队荣获成年组总冠军。左起为周德杰、李栋超、余添山;右 1 为王中荣。

#### 东北县急救赛闭幕礼

余添山:紧要时刻救人一命

# 学校可装置AEI

(槟城 3 日讯)槟州圣约翰救 伤队总指挥官拿督余添山认为,

切的总值并目录宣言添加认为,学校可装置自动体外心脏除勤器 (AED),在紧要时刻救人一命。 他指出,许多家长认为 AED会对孩子带来危险,因而 反对学校设置 AED,其实 AED 并不会突然爆炸或电击学生,所 开小安笑然爆炸或电击学生,所以是很安全的,甚至比我们的手机更安全。 他说,AED可挽救人们的性命,就如数月前锺灵中学的学

生通过 AED 为心脏骤停的校友 施救。

他是出席东北县急救比赛闭 幕典礼时,如是指出。他表示, 举办此项比赛旨在提高圣约翰教

伤队的水准,并让学生得以参与 有意义的活动。

有意义的活动。 槟州圣约翰救伤队东北区指 挥官李栋超则说,此次共有5 所学校派出19队学生参与,比 赛分成教护队成年组40 医护队成年组及少年组。在比赛中夺冠的队伍将在明年3月参 加全槟急救比赛,若获胜可在7月举行的全国赛角逐冠军。在此 次比赛中,槟华女中 B 队和锺 灵中学 A 队分别荣获少年组和 成年组总冠军。 出席者尚有槟州圣约翰救伤

队东北区总监兼急救比赛筹委主 席王中荣、医药官周德杰等人。



夺得少年组总冠军的槟华女中 B 队队员与周德杰 (左 1 起) 、李栋超和余添山 (右 1) 开心合照留念。

Source: Kwong Wah Yit Poh, 3 Dec 2018

#### **DIVISION AGM AND INSPECTION**

Throughout the year, NEA Officers have been invited to visit school for their AGM and Division Inspection and Review. The occasion also includes NCO promotions, cadet awards presentation and sharing experience and feedback for improvement between St. John and school management.

Below are the 5 school divisions been inspected by NEA officer.

Date	Time	School Division	Inspecting Officer
27 Jan 18	730am to 830am	SMJK Phor Tay AC7 & NC7	Leong Khai Sheong
30 Jun 18	5pm to 9pm	SMJK Perempuan China Pulau Pinang N3 & NC1	Leong Khai Sheong Elsie Ooi Shu Juang
28 Jul 18	7am to 9am	SMJK Heng Ee CA3, AC18 & NC28	Dr Lee Toong Chow Leong Khai Sheong Elsie Ooi Shu Juang
28 Jul 18	10am to 12pm	SMJK Union N21 & NC2	Leong Khai Sheong
4 Aug 18	8am to 11am	SMJK Chung Hwa Confucian A28, AC8 & NC38	Leong Khai Sheong Elsie Ooi Shu Juang
1 Sep 19	8am to 10am	SMK Sg Nibong AC27 & NC27	Leong Khai Sheong Elsie Ooi Shu Juang



Divisional Inspection carried out at various Schools







NCO Promotion and CSA Award Presentation

#### REPORT FROM CADET

#### LAUNCHING OF NEA CADET HANDBOOK

NEA Cadet Handbook is a pilot project designed from NEA office which allows cadet to keep personal records throughout their cadet's life. The content of the book includes the basic information about SJAM and History of SJAM Penang, cadet's dress regulations, the Do's and Don'ts, records of their personal achievements in SSS. CSA, Cadet Proficiency Badges achievement and even a copy of BFC4 card.

This handbook does not solely confine to the above material, Cadets are welcome to continue to file in their training materials which they have been given during their training throughout their Cadet years.



Cadet handbook are getting good responses, comments and encouragement from other States Officers too. It's still open for sales to all members who are interested.

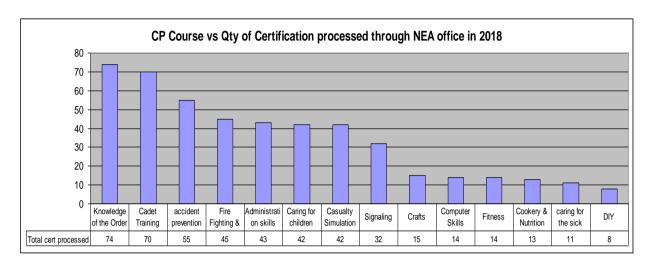
#### **CADET PROFICIENCY TRAINING SCHEME**

Cadet Proficiency Training Scheme is another sub-curricular training scheme which allows cadets to actively involve and to gain additional knowledge and skills which are away from the usual main core learning subjects (First Aid, Caring for the Sick and Foot Drill). This training scheme also provide opportunity for cadets to pursue towards the highest international awards "*The Grand Prior's Badge Awards*". Throughout whole year 2018, NEA has been actively organised many Cadet Proficiency Courses. The course details are as below.

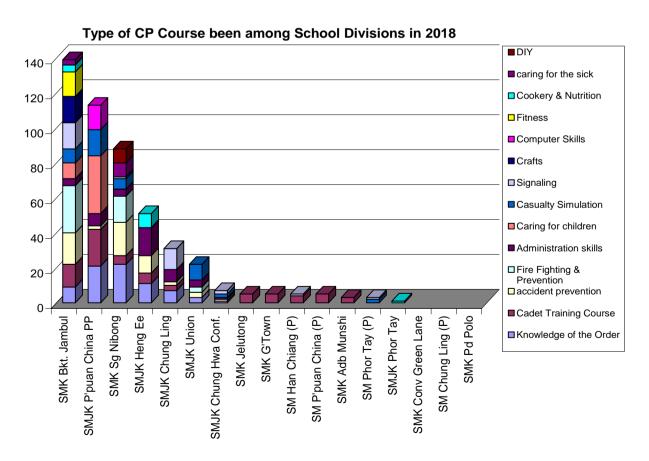
#	CP Course	Date	Venue	Trainer	Examinar		
1	Caring for the Sick	4 Feb	SJAMPG HQ	Suba Biggs (SRN)	Khaw Ean Seok (SRN)		
2	Caring for the Sick	4 Mar	SJAMPG HQ	Ooi Phaik Mui (SRN)	Suba Biggs (SRN)		
3	Administration Skills	7 Apr	SJAMPG HQ	Ong Teong Eng Area Supt. (Operations)	Jeff Yeong Keng Seng Area Hon. Secretary		
4	Accident Prevention	8 Apr	SJAMPG HQ	Elsie Ooi Shu Juang School teacher	Leong Khai Sheong (SJAM Trainer)		
5	Knowledge of the Order	8 Apr	SJAMPG HQ	Leong Khai Sheong ASO (Cadets)	Elsie Ooi Shu Juang ASO (Junior)		
6	Fire Fighting & Prevention	21 Apr	Balai Bomba Sukarela Bkt. Bendera	Jason Goon Jurulatih Bomba Sukarela	Liew Kuai Siang Ketua Balai Bomba Sukarela		
7	Signaling	1 & 8 Jul	SJAMPG HQ	Heng Eng Seong Trainer (RSU)	Daniel Div Supt (RSU)		
8	Casualty Simulation	11-12 Jun	SJAMPG HQ	Ng Kar Hoong CASSIM Trainer	Leong Khai Sheong CASSIM Trainer		
9	Cadet Training Course	16 Sep	SJAMPG HQ	Leong Khai Sheong ASO (Cadets)	Rosli B Yusoff SSO (Cadets)		
10	Caring for Children	9 Sep	SJAMPG HQ	Khor Choo Cheng (SRN)	Dr Tan Kean Chye Medical Doctor		
11	Cookery & Nutrition	14 Oct	SJAMPG HQ	Mabel Tew Zhi Wei Dietitian	Tan Cheng Yen Dietitian		
12	Computer Skills	2 Nov	SMJK Perempuan China PP	Pn Norhayati Bt Hazali Guru Teknologi Maklumat	Cheng Puay Ling Ketua Panitia Teknologi Maklumat		
13	Crafts	13 Dec	SMK BJ	Ummi Najah Bt Mohd Daim Guru Pendidikan Seni	Amanda Khoo Bt Abdullah Ketua Panitia Pendidikan Seni		
14	Fitness	13 Dec	SMK BJ	Noor Aidil Adzha Bin Abu Bakar GURU PJK	Wan Ahmad Bin Wan Hasan KETUA PANITIA PJK		
15	Knowledge of the Order	19 Dec	SMJK Chung Ling	Elsie Ooi Shu Juang school teacher	Leong Khai Sheong ASO (Cadets)		

16	Do-It-Yourself	rself 22 Dec SMJK Sg	Mohd Yusfizal B Mat Yusof	Ninasafina B Nazir Ketua Panitia Kemahiran		
10	Do it Todiscii	22 000	Nibong	Guru Kemahiran Hidup	Hidup	

Below shows the trend of total Cadet Proficiency certification been processed through NEA office. The top 3 cadet proficiency subjects are Knowledge of the Order, Cadet Training Course and Accident Prevention. Note that Knowledge of the Order is compulsory subjects for all cadets to attend.



The next chart indicates the school's involvement with Cadet Proficiency course applications and examinations throughout year 2018. Based on trend analysis, the top 3 schools which were actively registered and been examined for Cadet Proficiency courses were from SMK Bukit Jambul, SMJK Perempuan China Pulau Pinang and SMK Sg Nibong.



#### **Course Photo Caption**



Cadet Course (Accident Prevention, Knowledge of the Order, Casualty Simulation and Signaling at HQ

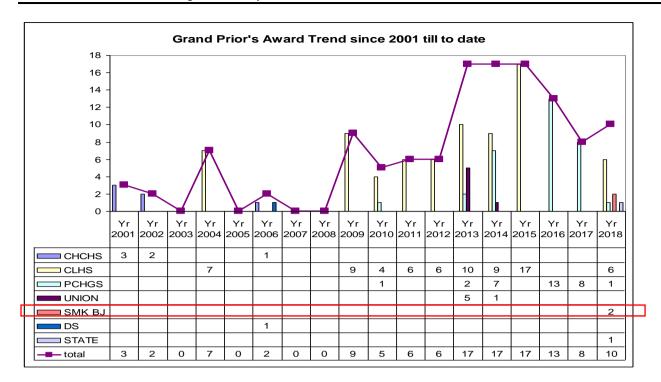




Fire Fighting & Prevention at Balai Bomba Sukarela Bukit Bendera Air Itam

#### **GRAND PRIOR BADGE AWARDS**

Associated with the Cadet Proficiency Training scheme, for those cadets who successfully completed a total of 12 Cadet Proficiency Subjects and they are all meeting the GP requirements, cadet is entitle to receive the Grand Prior Badge Award where it is an internationally recognised award awarded from the Grand Prior of the Order of St. John. Apart from the usual school from SMJK Chung Ling and SMJK Perempuan China which has been the champion for such award, this year in 2018 2 cadets from SMK Bukit Jambul have break their school record and became the 1st batch of Grand Prior's Badge Award holders.



This great achievement indicates that with school Teacher Advisors and the school senior leaders involvement and close follow up, implementation of SJAM Induction and the use of suggested cadet proficiency training plan shows significant results.

With this, NEA Office would like express his greatest gratitude and congratulation to all cadets who have successfully achieved for such award.

#### REPORT FROM JUNIOR

#### ST. JOHN JUNIOR TRAINING DEVELOPMENT PROGRAM

SJAM Junior Star Training Development Program has been introduced with the aim to provide a more structured and guided way for primary school teacher advisor to plan and run proper SJ Junior training program in school.

This training program covers the training and guiding the SJ Junior Division Teacher Advisor during the PROFESSIONALISM BRIEFING & ORIENTATION WORKSHOP FOR SCHOOLS TEACHER ADVISORS at beginning of the year. The intention is to introduce all SJ Junior training subjects, uniforms, how to plan their weekly activities, sharing of teaching materials and how to perform assessment for SJ Junior Star Awards.

For SJK (C) Chung Hwa Confucian B has taken the initiative to conduct the 1<sup>st</sup> Essential First Aid for their school SJ Juniors. The Juniors where taught in first aid, CPR, dressing and bandaging during their school days with assisted by SJ trainers and officers.







Other than that, the school division teacher also recommended their division Junior who have successfully pass the SJ Junior 1 Star Assessment for **SJ Junior 1 Star Awards.** Below shows the list of award recipients.

#### Division: SJ Junior SJKC Chung Hwa Confucian B Division Teacher Advisor: OOI HOOI ING & OOI SHU JUANG

<u>No</u>	SJ JUNIOR	<u>No</u>	SJ JUNIOR	<u>No</u>	SJ JUNIOR
1	TOH CHUN KEE	14	LEE YU XIANG	27	CALVIN TAN
2	LUCAS MEI JONG HERNG	15	VENUS YEOH TZE WEI	28	LOW ZI YUAN
3	NICHOLAS TOH JIA SHERN	16	DAMIEN LEE HUNG ZHE	29	TOH YEE MING
4	ANSON TAN	17	WONG CHENG SHENG	30	CHARLESVAN LOO GUAN MIN
5	CHAN HUAN ZHE	18	LAU HORNG TZER	31	CHEANG WAI KIN
6	LEE KUO YANG	19	AGNES CH'NG EE LIN	32	LIM JIE LI
7	AMBER ONG XIU NI	20	AMERY STEPHANIE	33	LOUISE TEH QI XUAN
8	NG ZHI HONG	21	JEWEL KONG	34	SERINE TEH SUET LING
9	YEONG ZHI QI	22	LOW JIA XING	35	LOW WENG HONG
10	SITI ALEEYA FARHANA	23	BEA WEN JUIN	36	LIM MIN EN
11	LAU JIE EN	24	DESMOND GOH KOK LOONG	37	FRANCESCA LOO EN QI
12	ISAAC SHE KAH SERN	25	TAN KE YANG	38	DEZMUND LEE HUNG YANG
13	JAMES CHEE CHOONG SIANG	26	YEAP JIA SHUN	39	YEAP JIA SHUN





SJ Junior Star Award Presentation Ceremony were carried out during the school assembly of SJKC Chung Hwa Confucian B witnessed by the school Headmaster, Mdm. Tan Geok Chun.

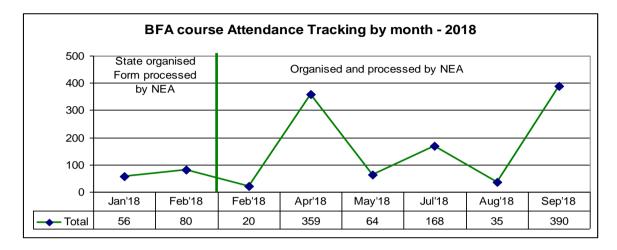


Group photo and sample certificate of the SJ Junior 1 Star Award.

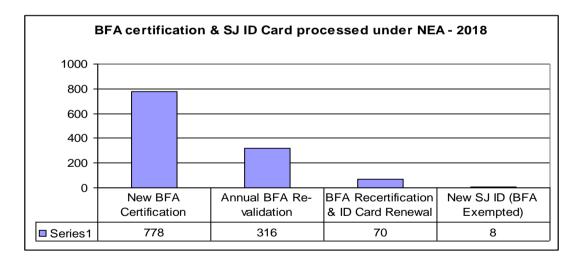
#### REPORT FROM TRAINING & EXAMINATION

#### **BASIC FIRST AID**

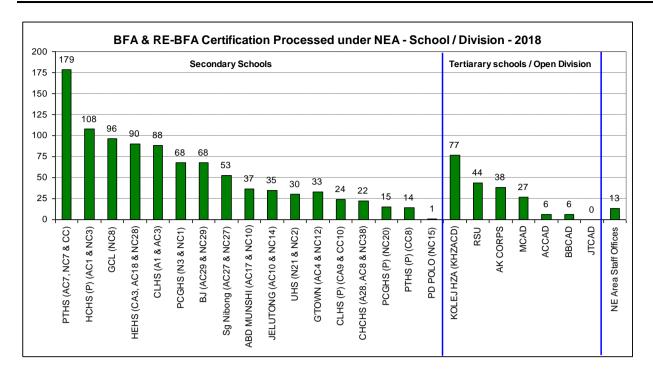
NEA Office scheduled Basic First Aid (BFA) course and examination for members and cadets under NEA throughout year 2018. In this year, total of 1172 combination of officers, members and cadets took part in the BFA exam and re-exam either for new membership registration or to fulfill their annual efficiency requirement.



The above chart shows the trend for total number of BFA course participation by month in Year 2018. Apr'18, Jul'18 and Sep'18 were having high participation rate because these 3 months are non-school examination month. School members grab this opportunity to complete the course and examination.



The above chart represents different categories of members for attended BFA course. Total of 778 new BFA certification from NEA has been processed. This means there were total 778 new members registered membership with ID Card.



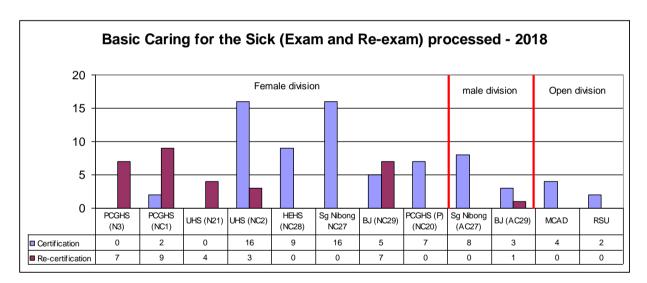
This chart indicates the BFA certification processed breakdown according to school / division.



#### **BASIC CARING FOR THE SICK**

NEA Office has scheduled Basic Caring for the Sick (BCS) course and examination for members and cadets under NEA throughout 2018. Total of 12 divisions have took part in this course.

N O	SCHOOL / OPEN DIVISION	DIVISIO N	4- Feb- 18	11- Feb- 18	4- Mar- 18	11-Mar- 18	T	TOTAL	
			NEW	NEW	NEW	REEXAM	NEW	REEXAM	
1	SMJK PEREMPUAN CHINA PULAU PINANG	N3				7	0	7	7
		NC1			2	9	2	9	11
2	SMJK UNION	N21				4	0	4	4
		NC2	8	8		3	16	3	19
3	SMJK HENG EE	NC28		9			9	0	9
4	SMK SUNGAI NIBONG	AC27	6		2		8	0	8
		NC27	14		2		16	0	16
5	SMK BUKIT JAMBUL	AC29		2	1	1	3	1	4
		NC29		3	2	7	5	7	12
6	SM PEREMPUAN CHINA PERSENDIRIAN PULAU PINANG	NC20			7		7	0	7
7	MILLENNIUM COMBINED ADULT DIVISION	MCAD	2	2			4	0	4
8	RADIO SIGNAL UNIT	RSU			2		2	0	2
		TOTAL	30	24	18	31	72	31	103



From the chart above, it shows that Ambulance Cadet members from SMK Sungai Nibong and SMK Bukit Jambul also interested and passed the exam which entitled them to apply the Cadet Proficiency Badge "Caring for the Sick".

#### SJAM PENANG STATE EVENTS / ACTIVITIES

Besides those events organised within North East Area Office or Schools, our NEA officers and members also participated actively in many activities or events organised by state such as State First Aid & Home Nursing Competition, Cadet Carnival, Training Camp, State Inspection, public duties, etc.

#### STATE FIRST AID & HOME NURSING COMPETITION

The State first aid & home nursing competition was held on 18<sup>th</sup> March 2018 (Written Exam) and Sunday, 25<sup>th</sup> March 2018 (Practical test) at Allied Healthcare Centre of Excellence. Total of 16 teams took part in this competition where all the teams were from North East Area's Schools. The results as follows:

Ambulance Adult Champion Team AA2 - SMJK Chung Ling (A1)

Nursing Adult Champion Team NA1 - SMJK Perempuan China (N3)

Nursing Adult 1st Runner Up Team NA2 - SMJK Union (N21)

Ambulance Cadet Champion Team AC5 - SMJK Chung Ling (AC3)
Ambulance Cadet 1<sup>st</sup> Runner Up Team AC1 - SMJK Heng Ee (AC18)
Ambulance Cadet 2<sup>nd</sup> Runner Up Team AC4 - SMJK Chung Ling (AC3)

Nursing Cadet Champion Team NC4 – SMJK Perempuan China (NC1)

Nursing Cadet 1<sup>st</sup> Runner Up Team NC5 - SMJK Union (NC2)

Nursing Cadet 2<sup>nd</sup> Runner Up Team NC6 - SMJK Union (NC2)

**Best Written Test** 

Ambulance Section Team AC4 - WONG XIHAN (SMJK Chung Ling, AC3)

Nursing Section Team NA1 - ONG WAN LING (SMJK Perempuan China, N3)

**Best Leader** 

Ambulance Section Team AA2 - NEIL LAI GUAN MING (SMJK Chung Ling, A1)

Nursing Section Team NA3 - KHAW YEE XIN (SMJK Heng Ee, CA3)

**Best CPR Challenge** 

Ambulance Section 1) MUHAMMAD FADZLI BIN MOHD HAMIZAZ (SMK Sungai Nibong)

2) SEOW HAN SHENG (SMJK Chung Ling)3) YEAP CHEE KITT (SMJK Chung Ling)

Nursing Section 1) OOI YING SHAN (SMJK Union)

2) NGOO XIAO YAN (SMJK Perempuan China)

3) HENG CHIA YING (SMJK Perempuan China)

Congratulations to all the winning teams. The Champion in each category was represent Penang in the 59<sup>th</sup> National First Aid & Home Nursing Competition.







Heartier congratulation to team members from SMJK Chung Ling and SMJK Perempuan China Pulau Pinang who represented Penang and won the following categories in 60<sup>th</sup> National First Aid & Nursing Competition on 28 & 29 July 2018.

#### **Ambulance Adult Category**

Short Case : 1st Runner-up Foot Drill : 2nd Runner-up

#### **Nursing Adult Category**

Home Nursing : 1st Runner-up Foot Drill : 2nd Runner-up

#### **Nursing Cadet Category**

Written Test : 1st, 2nd & 3rd Place



#### **NCO TRAINING COURSE**

NCO Training Course was successfully held from 13<sup>th</sup> to 16<sup>th</sup> September 2018 at SJAM Penang HQ and SMJK Chung Ling. Total 6 school's members from North East Area participated in this year NCO Training Course.







#### STATE INSPECTION AND REVIEW

SJAM Annual State Inspection and Review was successfully held on 23<sup>rd</sup> September 2018 at Padang Kawad Universiti Sains Malaysia. Many officers and members from the NEA also attended this event.



#### **MASS CPR-AED**

Collaboration among NGOs, ie. St. John, Red Crescent, CPR Society, Hospital Staff, Zoll, etc with Support from Penang Government under Penang Heart-Safe Programme, again this year we had organized Mass CPR-AED for JKN, Bomba, Police, TUDM on 9<sup>th</sup> October 2018 (Sunday) at Pesta Sungai Nibong.

In conjunction with the Mass CPR-AED event, Penang Government and Zoll given a small token of appreciation to all the 5 members from SMJK Chung Ling and also not to forget the 4 Ambulance Medics who were save a footballer's life by performing CPR with AED.









# 'I owe the boys my life'

Back-from-the-dead man to meet his teen saviours soon

By ARNOLD LOH arnold.loh@thestar.com.my

GEORGE TOWN: A man who was clinically dead for 12 minutes will soon meet his heroes – five teenage

soon meet his heroes – hive teenage boys.

Long Soo Keat will meet them when more than 1,000 people gath-er to learn the skills that the boys used to save him – cardio pulmo-nary resuscitation (CPR) – and how

nary resuscitation (CPR) – and how to use an automated external defibrillator (AED).

"I can't wait to meet the boys. I haven't even spoken to them. I owe them my life," said the 49-year-old real estate agent.

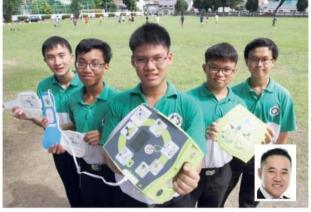
On Sept I, Long had a sudden cardiac arrest during a football match with his fellow Chung Ling High School alumni at the school field.

The five boys—St John Ambulance

field.

The five boys—St John Ambulance
Malaysia (SJAM) L/Cpl Gabriel Soon
Chai Long, 16, Pvt Liong Jun Yong,
16, 14-year-old cadets Ansley Tan
Zhong, S. Shaman and Tang Yi Ze—
were on duty and used CPR and the
school's AED to get Long's heart to
beat again after 12 minutes.
Long was warded for nearly two
weeks and discharged only last
Priday.
SJAM state staff officer Dr
Lawrence Tan explained that Long's
sudden cardiac arrest was not the
same as a heart attack.
"A heart attack is when blood sup-

"A heart attack is when blood sup-"A neart attack is when blood sup-ply to your heart is blocked. Many have heart attacks and survive. "Sudden cardiac arrest is a mal-function in your heart and it stops beating. You lose consciousness



Lifesavers: (From left) Ansley, Shaman, Gabriel, Jun Yong and Yi Ze showing the AED device they used

to save Long (inset).

without warning and the survival

without warning and the survival rate in Malaysia from that hovers at only 1%," he said. Long will meet his rescuers on Oct 9 at the MASS CPR-AED 2018 in Pesta Site, Sungai Nibong, which will see over 1,000 people learning the skill. Penany Heart Safe Programme

Penang Heart Safe Programme chairman Datuk Dr Luah Lean Wah chairman Datuk Dr Luan Lean Wan said although most of the partici-pants are policemen, firemen, ser-vicemen and personnel from the Malaysian Civil Defence, there are still slots available for the public. "If you know CPR, you can save

someone from sudden cardiac arrest because there are 40 public AEDs you can use," she said. The state's public AEDs, made by Zoll Medical Corporation (ZOLL), gives real-time feedback with voice commands to tell rescuers what to do.

State Health Committee chairman State Health Committee chairman Dr Afif Bahardin confirmed that Long's rescue was the first time a public AED was used to save a life here.

"Each AED costs more than RM8,000. ZOLL, the state and other donors invested over RM320,000

on the 40 AEDs.

"To be able to save just this one life makes it worth it for all of us," Dr Afif said.

Dr Afff said.
Initiated in 2015, ZOLL first donated five AEDs to Penang and today, the state government and other organisations have installed 40 public AEDs in schools, parks,

business and government premises. Their locations are shown on the SJAM HeartSafe Penang's Facebook

page.
Those who wish to join MASS
CPR-AED 2018 can email
masscprpenang@gmail.com.

Source: https://www.thestar.com.my/news/nation/2018/09/20/i-owe-the-boys-my-life-backfromthedead-man-tomeet-his-teen-saviours-soon/

# Five teens and AED save footballer's life

GEORGE TOWN: For 12 minutes, a footballer stood at death's gates when his heart stopped.

And the ones who brought him

And the ones who brought him back were five steady-minded teenagers armed with an Automated External Defibrillator (AED).

Recalling the incident, St John Ambulance Malaysia (SJAM) cadet Ansley Tan Zhong, 14, said he saw real-estate agent Long Soo Keat pass out during a football match with his fellow (Purg Ling alum). fellow Chung Ling alumni. Tan rushed to him and called out

rellow Chung Ling alumni.

Tan rushed to him and called out to his team members to join him.

Their senior, SIAM L/Qpl Gabriel Soon Chai Long, 16, quickly realised Long, 49, was about to die.

"His pulse was irregular and then stopped. He was gasping heavily. We call that agonal breathing, the sign of a heart attack," he said.

What followed on Sept 1 saw the teenagers bringing Long back from the brink by using the public AED in Chung Ling High School, Ayer Itam.

The Star met Soon, Tan, SJAM Pvt Liong Jun Yong, 16, and cadets S. Shaman and Tang Yi Ze, both 14, after their debriefing session at SJAM's headquarters on Saturday.

Recounting the incident, Tan said

s) Avis neadquarters on Saturday.
Recounting the incident, Tan said
he told a bystander to run to the AED
kiosk on the school grounds, break
the glass to unlock the device and
bring it to them.
Soon then took out the AED sensor



pads and attached them to Long's chest. The AED analysed Long's condition and its voice-prompt told Soon to perform cardiac pulmonary resuscitation (CPR)

resuscitation (CPR).

Though Soon had practised hundreds of times, it was the first time he did CPR for real.

"The latest CPR research recom-

Life-saving incident: The ambulance officers and Soon (white shirt)

shirt) checking Long at the football ground in Chung Ling High School in

Aver Itam.

mends 30 chest compressions and then two rescue breaths per cycle. "The AED's voice-prompt kept telling me to 'push harder'. The victim was bigger than me and I used all my strength." Soon said.

At intervals, the AED told Soon to

stop touching Long so that it could deliver electric shocks of 150 to 200

deliver electric shocks of 150 to 200 volts.
"The device gave him three shocks and when the ambulance came, he was given another shock with the ambulance's defibrillator.

ambulances denibrillator.

"Only after that did his heart beat again," he said.

Soon said the AED's analysis showed the CPR he did weakened as the seconds went by.

"We must take turns doing CPR herouse it is thripe. But Living so

because it is tiring. But I was so focused on saving his life that I didn't remember. I will never forget now," he said.

now," he said.

Long was warded for nearly two
weeks. He was discharged on Friday
and is now recuperating at home.

"The five boys are heroes. I think
other people would have panicked
but the boys were well-trained.

"When I blacked out, I felt no pain
Lyas just enddenly ground I blacked.

"When I blacked out, I felt no pain ... I was just suddenly gone. I played football nearly every week. My stamina is not good and I tire quickly. I have high blood pressure. "But I never knew my heart was in danger. I want everyone around my age to go for a check-up, even if you think nothing is wrong." Long told The Star.

you think nothing is wrong," Long told *The Star*. Penang Heart Safe Programme chairman Datuk Dr Luah Lean Wah chairman Datuk Dr Luan Lean Wan said the state's public AEDs, made by Zoll Medical Corporation (ZOLL), gave real-time feedback with voice commands to give instructions to rescuers on what to do.

Source: The Star 17/09/2018 Nation Page 11

#### **ACKNOWLEDGEMENT**

St. John Ambulance of Malaysia, North East Area, State of Penang places on record its gratitude to all government departments, schools, doctors and nurses, officers and members. And last but not least, to all those whose names may have been inadvertently left out, without their co-operation and support, would not have been able to achieve the best results for the Year 2018.