

Injuries to Eyes, Ears, Nose



St John

Eye Hospital, Jerusalem

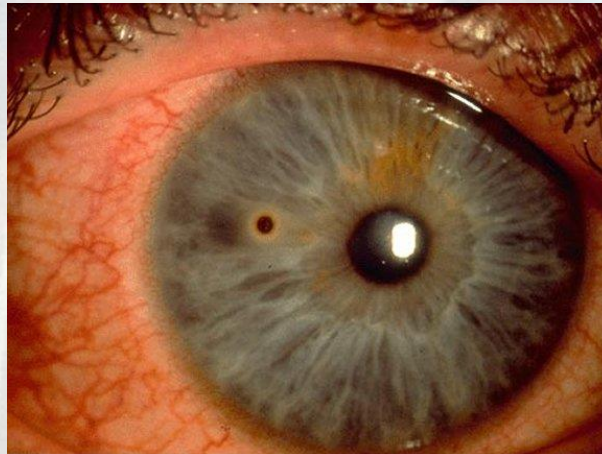
Learning Outcomes

- You will be able to:
 - Recognise the urgency of eye injury
 - Provide care to ears and nose injured by foreign body
 - Provide care to Epistaxis



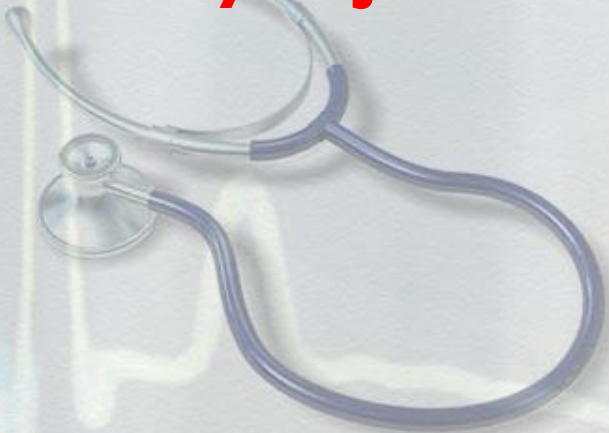
Foreign Body in the Eye

- Blurred vision
- Pain or discomfort
- Redness and watering of the eye
- Eyelids screwed up in spasm



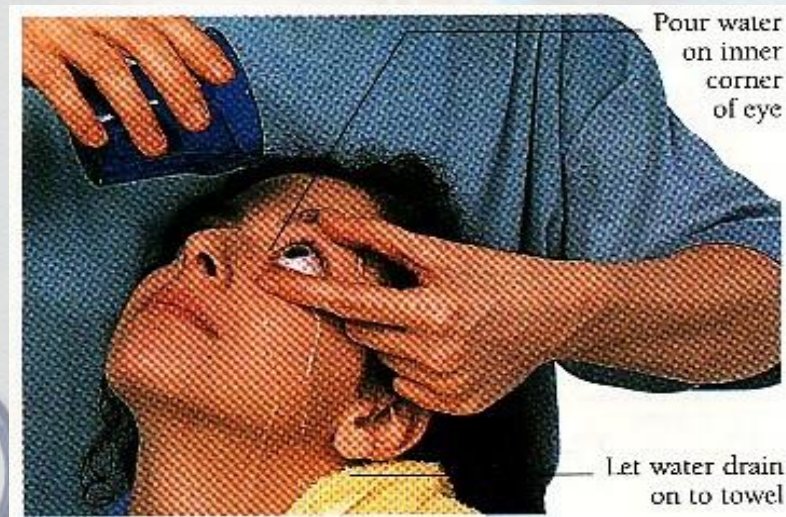


Any injuries to the Eye is an Emergency



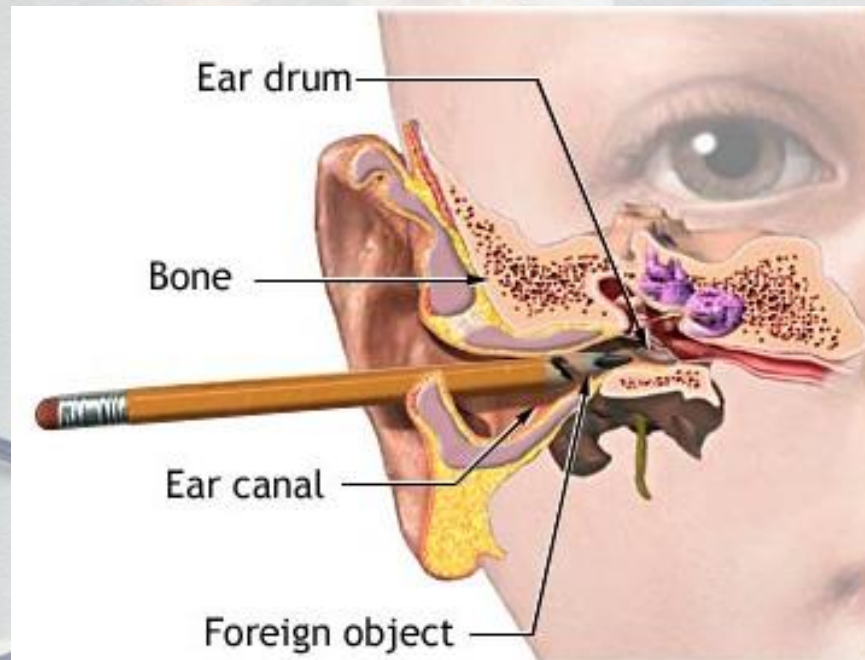
Treatment

- Do not rub the eyes
- Gently separate eyelid with finger and thumb
- Pour clean water from a glass or sterile eyewash
- Otherwise seek medical help



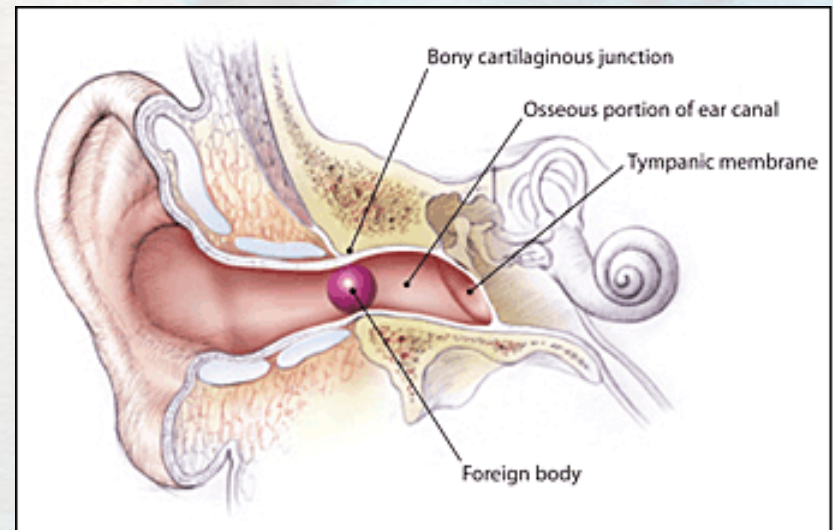
Foreign Body in the Ear

- Unable to hear properly
- Pain and discomfort
- Swelling may occur



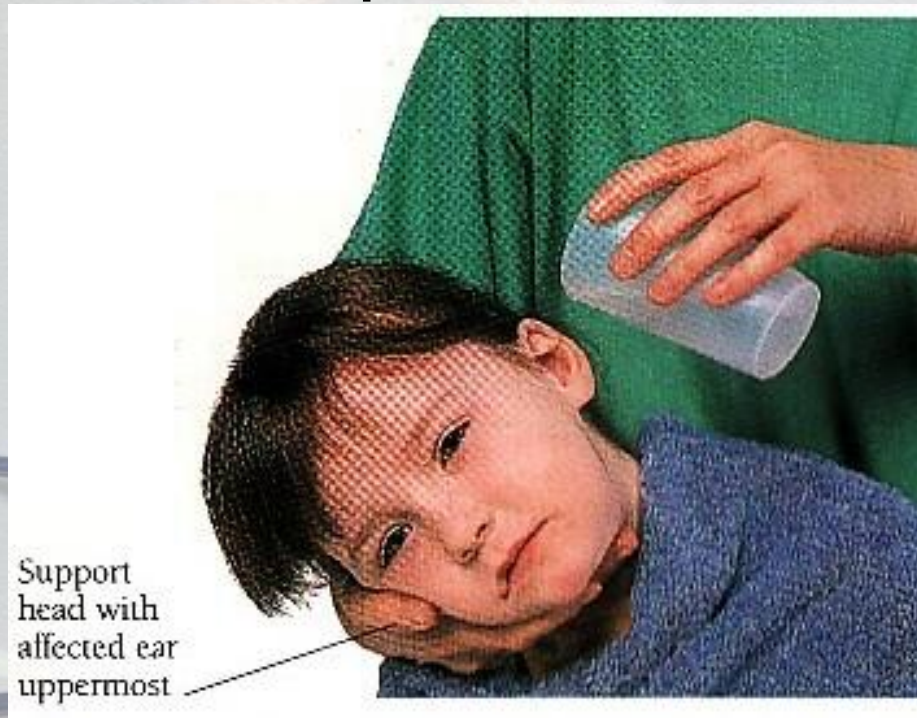
Treatment

- Do not try to remove
- Support / immobilise the foreign body if possible
- Removal to hospital



Treatment – Insect in Ear

- Flood the ear with tepid water to float the insect out.
- Removal to hospital.



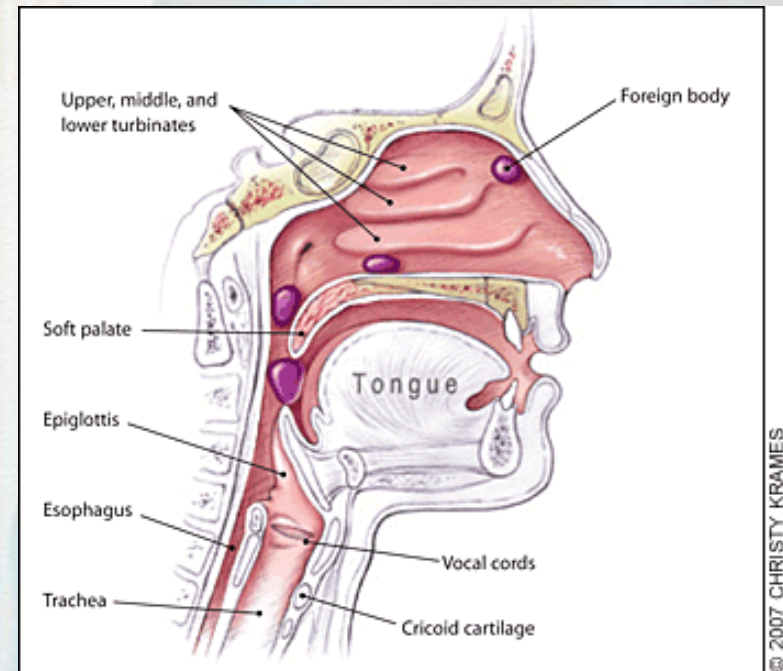
Foreign Body in the Nose

- Difficulty or noisy breathing
- Swelling of the nose
- Smelly or blood stained discharge, indicating that an object may have been lodged for a while.



Treatment

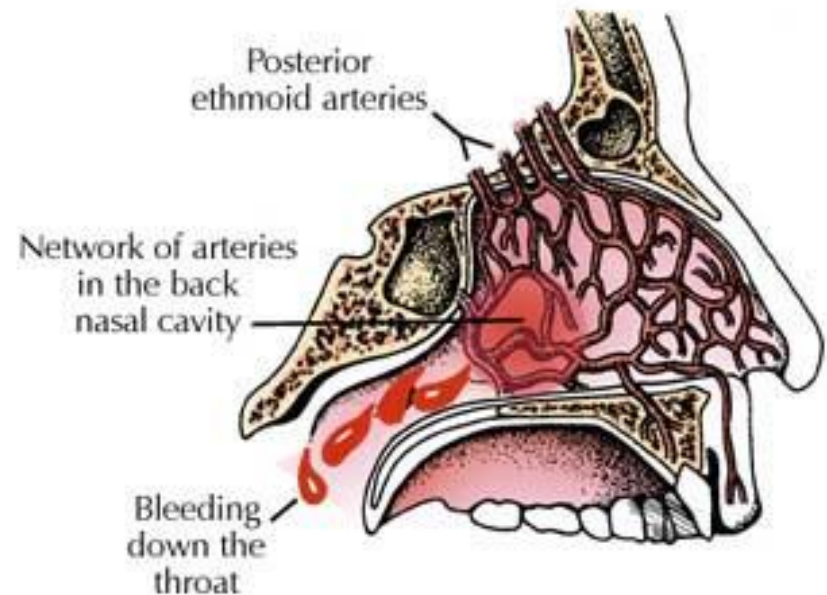
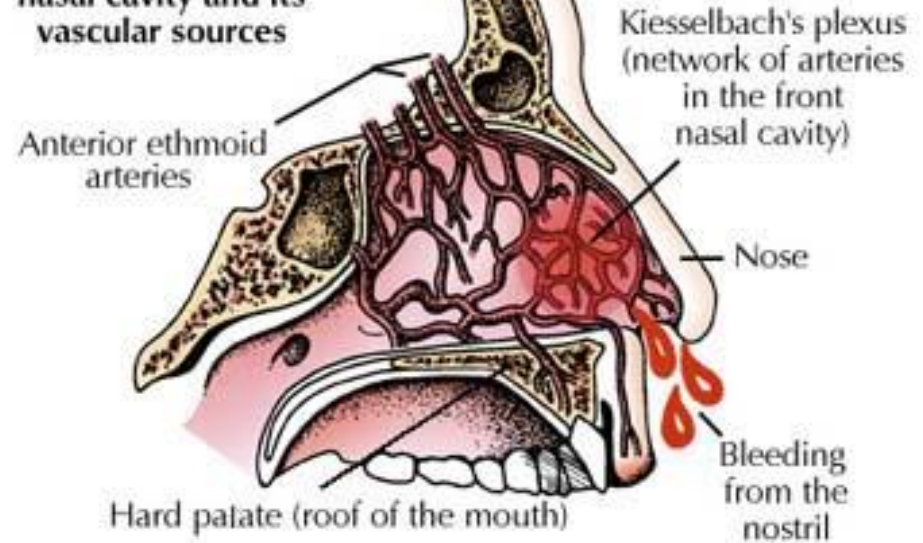
- Advise to breath through the mouth
- Not to disturb the nose
- Not to try to remove the object
- Removal to hospital



Epistaxis

- Nose bleed
- Tiny blood vessels inside the nostril are ruptured
- May also occur as a result of high blood pressure

Cross-section of the nasal cavity and its vascular sources



Treatment

- Sit down with head tilt forward
- To breath through the mouth
- Pinch the soft part of the nose



Epistaxis (*con't*)

- If bleeding stopped – clean with water
- To recheck every 10 minutes
- Removal to hospital if bleeding not stopped after 30minutes



Q u e s t i o n



Burns & Scald